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22 December 2025

Dear Parents and Carers,

### **Term 2 Safeguarding Newsletter – Online Safety**

Keeping children and young people safe online is a shared responsibility between school and home. The internet offers many learning opportunities, but it is important that pupils understand how to use it safely, responsibly and respectfully.

This letter provides a brief overview of online safety information for Primary and Secondary pupils, along with guidance for families and links to trusted UK support.

#### **Key Online Safety Messages (All Ages)**

- Be kind and respectful
- Keep personal information private.
- Never share passwords (except with parents/carers).
- Tell a trusted adult if something online feels worrying or upsetting.
- Remember: not everything online is true.

#### **Primary School Pupils**

##### **Key messages for pupils:**

- Always ask an adult before going online.
- Only use apps, games and websites approved by a trusted adult.
- Do not talk to strangers online.
- Stop and tell an adult if something makes you feel uncomfortable.

##### **Support for families:**

- Keep devices in shared family areas.
- Use parental controls and safe search settings.
- Talk regularly about what your child enjoys doing online.

#### **Secondary School Pupils**

##### **Key messages for pupils:**

- Use privacy settings on social media and gaming platforms.
- Think carefully before sharing images, messages or personal details.
- Know how to block and report users.
- Be aware of online pressure, bullying and misinformation.

**Support for families:**

- Have open conversations about social media and online behaviour.
- Discuss digital footprints and online reputation.
- Encourage a healthy balance between screen time and offline activities.

**Managing Screen Time**

**Families may find it helpful to:**

- Agree clear, age-appropriate screen-time limits.
- Set tech-free times, such as during meals and before bedtime.
- Use built-in tools like Apple Screen Time, Google Family Link or console parental controls.
- Involving children in setting boundaries helps them develop responsible habits.

**Trusted UK Online Safety Support**

- NSPCC: <https://www.nspcc.org.uk>
- CEOP: <https://www.ceop.police.uk>
- UK Safer Internet Centre: <https://www.saferinternet.org.uk>
- Childline (Under 19s): 0800 1111 <https://www.childline.org.uk>
- Internet Matters: <https://www.internetmatters.org>

**Working Together**

Online safety is most effective when schools, parents and carers and students work together.

Regular conversations at home, combined with clear expectations and trusted support, help children and young people develop safe and positive online habits.

If you have any questions or require further support, please do reach out to your schools Designated Safeguarding Lead or you can contact me directly [lacie.hooper@clf.uk](mailto:lacie.hooper@clf.uk) or via telephone 07510 383335.

Yours Sincerely

Lacie Hooper  
**Safeguarding and Pastoral Manager**  
**Snowdon Village Academy**