

Snowdon Village
Bristol Futures Academy
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29 June 2026

Dear Parent/Carer,

Safeguarding over the summer

As we enter term 6 and come near to the end of another successful academic year, we want to thank you for working with us to keep our children safe and supported. With the summer holidays coming up and the weather getting warmer it's more important than ever to stay alert to the risks young people may face - whether at home, out and about in Bristol, or online.

Below are some practical reminders to help keep children safe and well during the summer months.

Staying Safe in the Bristol Community

Bristol is a vibrant and busy city, especially in summer. Whether children are enjoying local parks, shops, or travelling around the city, please remind them of the following:

For KS1–KS2 (Younger Children):

- Stay close to a trusted adult in public places
- Learn key contact information like your name and mobile number.
- Use pedestrian crossings and be alert around bikes, scooters and busy traffic areas.

For KS3–KS4 (Older Children):

- If heading out, use well-lit, busy routes and avoid shortcuts through secluded areas such as alleyways or parks after dark.
- Be streetwise with mobile phones - keep them out of sight when not in use.
- Use public transport safely - plan routes and make sure travel cards or payment methods are sorted in advance.
- Be cautious of peer pressure and know how to say no if a situation doesn't feel right.

Water Safety:

While wild swimming in rivers, lakes, quarries, reservoirs, canals and coastal waters may seem appealing, these environments can present many hidden dangers. Risks include:

- Strong currents
- Underwater obstacles
- Sudden changes in depth
- Steep or slippery banks making it difficult to get out of the water
- Cold water shock
- Water quality can vary and natural bodies of water may contain parasites or pollution that can cause illness if contaminated water is swallowed or enters the body through cuts or grazes.

Children and young people should never swim alone and should always be supervised around water. We encourage families to discuss water safety at home and choose designated, supervised swimming locations wherever possible. Further advice and resources can be found from the Royal Life Saving Society <https://www.rlss.org.uk/listing/category/summer-water-safety>

Sun & Heat Safety:

- Use high-factor sunscreen and encourage wearing hats and lightweight clothing.
- Stay hydrated, especially during Bristol's warmer summer spells.
- Take regular breaks in shaded areas while out exploring the city.

Online Safety:

- With more downtime, children may spend more time on apps like TikTok, Snapchat or gaming platforms.
- Use parental controls and privacy settings.
- Keep an open dialogue-remind them not to share personal details or arrange to meet people they've only spoken to online.

If You're Concerned

If you're worried about your child or another young person, don't hesitate to seek support. You can contact:

- **Bristol Children's Social Care (First Response):** 0117 903 6444
 - **NSPCC Helpline:** 0808 800 5000
 - **Childline (for young people):** 0800 1111 or www.childline.org.uk
 - **Avon and Somerset Police (non-emergency):** 101 or report online
- In an emergency, always call **999**.

If you have any questions or require further support please do reach out to your schools Designated Safeguarding Lead or you can contact me directly lacie.hooper@clf.uk or via telephone 07510 383335.

Yours Sincerely

Lacie Hooper
Safeguarding and Pastoral Manager
Snowdon Village Academy